SUMMER WORKSHOPS

Boost School Skills Over Summer with Occupational Therapy

Developing Pre-Printing Skills

Pre-school/Kindergarten Summer Session: JULY OR AUGUST 2021 Dates & times to be determined. *Offered Weekday, Saturday or Week long*

COST : 5 sessions \$450 *\$400 (Early Bird rate)

The development of muscle strength and dexterity in hands and fingers, eye-hand coordination, visual-motor control and visual perceptual skills are essential for the acquisition of pre-writing skills. *This is a therapeutic program for students to improve pre-writing skills.*

The Skills of Handwriting

Grade 3-6 Summer Session: JULY OR AUGUST 2021 Dates & times to be determined. *Offered Weekday, Saturday or Week long*

COST : 5 sessions \$450 *\$400 (Early Bird rate)

Studies have shown that increased legibility of handwriting can result in improved self-esteem, greater proficiency and stronger grades. *This is a therapeutic program for students to improve cursive writing, focusing on the fundamentals of handwriting and lower case letters.*

*Initial Consultation is required for new clients. *Each session will include evaluation of skill level & practical recommendations for home and school use if required.

*Private consultation meeting with the therapist following the program to review progress and recommendations.

REGISTER TODAY! 403-271-9020 EX. 1127

The Skills of Printing

Grade 1-3 Summer Session: JULY OR AUGUST 2021

Dates & times to be determined. Offered Weekday, Saturday or Week long SPACE IS IMITED TO CHILDREN

PER GROUP

COST : 5 sessions ^{\$}450 *\$400 (Early Bird rate)

Children who experience difficulties with fine motor and visual motor skills often struggle in acquiring the skills of printing. This struggle can lead to frustration, poor motivation and reduced work output. *This is a therapeutic program for students to improve printing skills, legibility and speed.*

Self-Regulation Programs (Alert/Zones of Regulation)

Grades 3-6

Summer Session: JULY OR AUGUST 2021 Dates & times to be determined. *Offered Weekday, Saturday or Week long*

COST : 5 sessions (+ Parent session) ^{\$}500 *\$425 (Early Bird rate)

These programs are designed to help students with self-regulation by teaching them how to recognize their own zones of regulation or "engine speeds". Students will also learn various strategies to use to attain, change, or maintain their levels of alertness. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading others' facial expressions, insight into events that trigger their behavior, calming and alerting strategies and problem-solving skills.



INTEGRATED DEVELOPMENTAL EDUCATIONAL AND ASSESSMENT SERVICES INC.